Texture Trails

PACK 2 / Dysgraphia

INSTRUCTIONS & ADAPTATIONS FOR ADULTS



Short, supported play for children aged 3-5. Model, pause and let the child choose how to join in.

What you need

Textured paper or optional shallow tray with sand; tool or finger.

Getting started

Offer two textures and let the child choose whether to touch them.

Try it together

1. Look at a printed trail.
2. Trace it with a finger, brush or toy if comfortable.
3. Make a new trail, or simply choose a favourite.

Choices and adaptations

- Use a tool so hands need not touch textures.
- Use dry paper rather than messy materials.
- Observe and choose without tracing.
- Offer broad paths without pencil-control demands.

How to keep it playful

Offer choices without checking for a correct response. Point, demonstrate, wait and follow the child. A little play is enough.

Safety: Avoid loose materials that pose choking risks and wash hands after sensory play.