Follow My Lead

PACK 2 / Developmental Language Disorder (DLD)

INSTRUCTIONS & ADAPTATIONS FOR ADULTS



Short, supported play for children aged 3-5. Model, pause and let the child choose how to join in.

What you need

Toy, box, mat and picture prompts.

Getting started

Use a familiar toy and show each action before inviting a turn.

Try it together

1. Show a single action: put the toy in the box.
2. Repeat with on or under when ready.
3. Offer a picture or gesture so meaning is clear.

Choices and adaptations

- Use one instruction at a time.
- Demonstrate rather than only speaking.
- Use home-language words and gestures.
- Let the child point or watch.

How to keep it playful

Offer choices without checking for a correct response. Point, demonstrate, wait and follow the child. A little play is enough.

Safety: Use a stable box and familiar, safe toy.