Little Wires

AGES 3-5 | FREE PRINTABLE

Calm or Active Choice

PACK 4 / Tourette syndrome

ILLUSTRATED PLAY CARDS



Choose, cut out or point to a card. An adult can model the idea, then follow the child's lead.

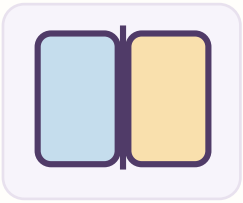
CUTTING IS OPTIONAL

COLOUR



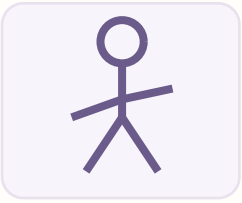
Choose a station

LOOK AT BOOKS



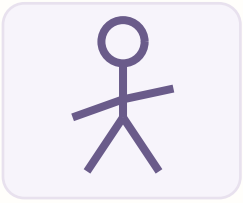
Try a cosy idea

STRETCH



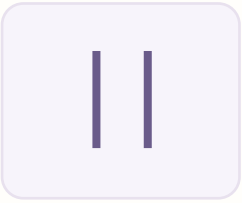
Try movement

MOVE



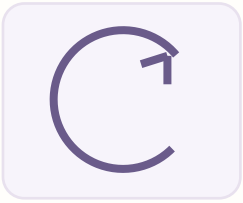
Change if you want

PAUSE



Take a pause

CHANGE



Stay included