

Choices & Communication

Help a child show what they would like to do, without needing to speak.

How to use the illustrated cards

Prepare

Print the colourful cards. Cut around the dashed lines if useful, or keep the whole page together. Offer just two choices to begin with.

Offer a choice

Show two pictures, for example Read and Build. Ask “Which would you like?” Then wait. A look, point, gesture, word or reaching towards a card can all be a choice.

Follow their lead

Offer the chosen activity. The child may join in, watch, change their mind or choose something else. There is no right answer.

Use the drawing page

Invite the child to colour a picture or draw a favourite activity in the large box. They may instead point, stick on a picture or leave it blank.

Helpful reminder

Try a real book or blocks alongside the pictures so the child can see the choice. Avoid repeatedly asking for an answer.

Every activity is optional. Children may look, point, gesture, speak, play alongside an adult, change the activity or pass. These are play ideas, not autism treatments or assessments.