First, Next, Last

PACK 3 / Developmental Language Disorder (DLD)

INSTRUCTIONS & ADAPTATIONS FOR ADULTS



Short, supported play for children aged 3-5. Model, pause and let the child choose how to join in.

What you need

Two or three familiar routine picture cards.

Getting started

Start with two known actions, such as wash and dry.

Try it together

1. Show the first picture in a familiar routine.
2. Offer the next picture as a choice.
3. Add a third picture only if it feels comfortable.

Choices and adaptations

- Start with two objects or pictures.
- Use gestures and demonstration.
- Allow lots of time to respond.
- Accept pointing, eye gaze or supported choices.

How to keep it playful

Offer choices without checking for a correct response. Point, demonstrate, wait and follow the child. A little play is enough.

Safety: Use pictures of familiar routines; no memory testing or scores.