Build a Picture

PACK 3 / Dysgraphia

INSTRUCTIONS & ADAPTATIONS FOR ADULTS



Short, supported play for children aged 3-5. Model, pause and let the child choose how to join in.

What you need

Large cut-outs or chunky blocks; optional printed scene.

Getting started

Offer a small selection of large shapes on a table.

Try it together

1. Choose a background or scene.
2. Place shapes to make a house, tree, animal or something new.
3. Talk, point or photograph what the child has made.

Choices and adaptations

- Use chunky blocks instead of paper shapes.
- Let an adult move shapes as directed.
- Point or use eye gaze to select.
- Use ready-cut cards; cutting is not required.

How to keep it playful

Offer choices without checking for a correct response. Point, demonstrate, wait and follow the child. A little play is enough.

Safety: Use large pieces; an adult should handle scissors.