Action Story Play

PACK 3 / Dyspraxia (DCD)

INSTRUCTIONS & ADAPTATIONS FOR ADULTS



Short, supported play for children aged 3-5. Model, pause and let the child choose how to join in.

What you need

A little floor space; optional favourite toy.

Getting started

Choose a story with three simple actions and show each action first.

Try it together

1. Look at the three story pictures.
2. Model one action slowly.
3. Join in by moving, pointing, moving a toy, or simply watching.

Choices and adaptations

- Offer small or seated movements.
- Let a toy act out the story.
- Do just one action or repeat a favourite.
- Watch or point rather than copying.

How to keep it playful

Offer choices without checking for a correct response. Point, demonstrate, wait and follow the child. A little play is enough.

Safety: Choose comfortable movements; never force a stretch or position.