Calm or Active Choice

PACK 4 / Tourette syndrome

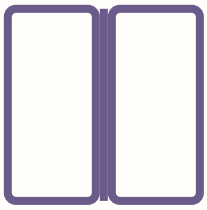
ACTIVITY STATION CHOICE BOARD



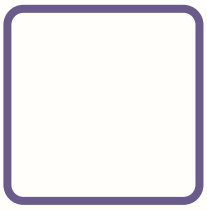
Choose a comfortable activity. Use this with real toys, picture cards or your own ideas.

CHOOSE YOUR OWN PACE

COSY CHOICE



MOVING CHOICE



PAUSE



SWITCH



Adults: demonstrate gently. The child can point, watch, move, speak or choose; the play has no score.